

GROUPS THAT OFFER SUPPORT AND ADVICE

The following list provides contact information for different groups who may be able to help you. These agencies provide free advocacy services, and many of them offer support or education groups. There are local groups in your county and other groups that serve the entire State.



Statewide Groups

Advocacy & Customer Service Office

Division of MH/DD/SAS
3009 Mail Service Center
Raleigh, NC 27699-3009
919-715-3197
800-662-7030 CARELINE
877-452-2514 (TTY)

www.dhhs.state.nc.us/mhddsas/consumeradvocacy

Governor's Advocacy Council for Persons with Disabilities (GACPD)

2113 Cameron Street, Suite 218
Raleigh, NC 27605-1344
800-821-6922 (Voice)
888-268-5535 (TDD)

www.gacpd.com

**NC Mental Health Association
Information and Referral Line**
800-897-7494

Alcohol/Drug Council of NC

800-688-4232

www.alcoholdrughelp.org

Carolina Legal Assistance

919-856-2195

www.cladisabilitylaw.org

The Arc of North Carolina

800-662-8706

www.arcnc.org

Cystic Fibrosis Foundation

800-822-9941

www.cff.org/chapters/carolinas

Autism Society of NC

800-442-2762

www.autismsociety-nc.org

Easter Seals UCP North Carolina

800-662-7119

www.nc.easterseals.com

Brain Injury Assn of NC

800-377-1464

www.bianc.net

Exceptional Children's Assistance Center

800-962-6817

www.ecac-parentcenter.org

Family Support Network of NC
800-852-0042
www.fsnn.org

Learning Disabilities Assn. of NC
919-493-5362
www.ldanc.org

Mental Health Assn. in NC
888-881-0740
www.mha-nc.org

Mental Retardation Assn. of NC
828-756-7394
www.mranc.org

NAMI North Carolina
800-451-9682
www.naminc.org

**NC Advocates for Substance Abuse
Programming**
828-258-9286

**NC Council on Developmental
Disabilities**
800-357-6916
www.nc-ddc.org

**NC Mental Health Consumers
Organization**
800-326-3842

NC Substance Abuse Federation
919-990-9559
www.nc-atod.org/federation

NC TASH
nctashboard@nctash.com
www.nctash.com

Parents Against Teen Suicide
800-367-7287
<http://www.teachhotline.org/PATS.htm>

Voices for Addiction Recovery
825-252-9022



Local Resources

OPC Consumer & Family Advisory Committee (CFAC)
Attn: CFAC
OPC, 100 Europa Drive, Suite 490, Chapel Hill, NC 27517
919-913-4000
cfac@opc-mhc.org

Orange County

Arc of Orange
919-942-5119
www.arcoforange.org

Family Advocacy Network
919-942-8083

Family Violence Prevention Ctr.
919-929-3872

Mental Health Assn. in Orange Co.
919-942-8083
www.mhaoc.com

NAMI Orange County
919-929-7822
www.namiorange.org

**Orange Co. Human Rights &
Relations**
919-960-3875

Real Advocates Now Emerging (RANE)
919-942-5602

Rape Crisis Center
866-935-4783
www.ocrcc.org

SMART Recovery
919-408-0121

The Women's Center
919-968-4610
www.womenspace.org

Person County

Arc of Person County
336-599-9658

Roots & Wings (Child & Family Advocates)
336-322-5437

Safe Haven
336-599-7233

Chatham County

Chatham Coalition for Adolescent Health
919-542-8372
www.chathamteenhealth.org

Chatham Substance Abuse Task Force
919-542-3626

Family Advocacy Network through Chatham County Together
919-542-5155

Family Violence & Rape Crisis Service
919-545-0224
www.fvrc.org

Hispanic Liaison – El Vinculo Hispano
919-742-1448
www.hispanicliaison.org



State and Local Government



North Carolina General Assembly
www.ncga.state.nc.us

Orange County
www.co.orange.nc.us

Town of Chapel Hill
www.ci.chapel-hill.nc.us

Person County
www.personcounty.net

Town of Pittsboro
www.pittsboronc.org

Chatham County
www.co.chatham.nc.us

Town of Roxboro
www.roxboronc.com

Town of Carrboro
www.ci.carrboro.nc.us

Town of Siler City
www.silercity.org

OPC Area Program

www.opcareaprogram.org

Administration: 919-913-4000

Access to Services: 919-913-4100 or 800-233-6834

Customer Service: 919-913-4120 or customerservice@opc-mhc.org

TDD Phone: 866-598-6459

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